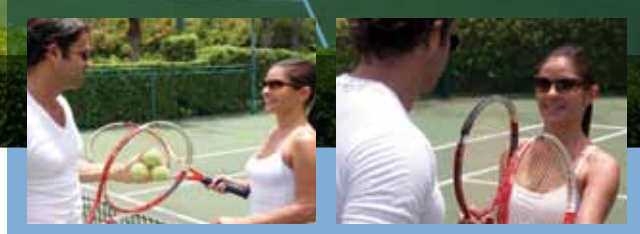


the bodyholiday

LeSPORT



Give us your body for a week
and we will give you back your mind



Tennis at The BodyHoliday

Tennis lessons are held in groups of six (6) persons per 45 minute sessions

9:00 a.m. to 9:45 a.m. Monday to Friday for the Introductory Tennis Level

10:00 a.m. to 10:45 a.m. Mondays to Wednesdays plus Friday's for the Intermediate Tennis Level.

Additional 1/2 hour and 1 hour individual Tennis Sessions are available between 4:00 p.m. to 6:00 p.m. at US\$35 & US\$50 respectively; and must be booked at least 24 hours in advance.

Also available is one (1) Charged Introductory and Intermediate Tennis Group Lesson per week – maximum of six (6) persons – for guests on Saturday's between 09:00 a.m. to 10:00 a.m. and 10:30 a.m. to 11:30 a.m. respectively, at US\$20 per person.

A weekly tennis competition between guests is also held on Thursday's from 10:00 a.m. to noon.

One of the courts is reserved permanently for the tennis pro to conduct classes. However, if court is not booked, then guests are welcome to play.

Tennis attire must be worn at all times, i.e. Shorts (or Tennis Skirts), T-Shirts and Tennis Shoes or non-marking running shoes. This is to be strictly adhered to.

The courts are open 24 hours and are available for our guests at all times.



Caribblue Beach, Cap Estate, PO Box 437, Castries, St Lucia, West Indies

t: **UK 0845 217 7845** t: **US 1-800 544 2883**

e: ukreservations@thebodyholiday.com usreservations@thebodyholiday.com

www.thebodyholiday.com